

Honey Sweetened Aronia Concentrate

Ingredients

1 part honey

5 parts aronia concentrate (available at aronia retailers)

Instructions

Mix together and use this mixture as a base for recipes.

Ideas:

Meat Glaze: Glaze meats (beef, etc.) with Honey Aronia Concentrate mix

Sparkling Aronia Drink (serving size: 1 glass): 1/3 c. Honey Aronia Concentrate mix, 2/3 c. unsweetened Seltzer water, 1 lemon wedge

Aronia Drink (serving size: 1 glass): 1/3 c. Honey Aronia Concentrate mix, 2/3 c. water, 1 lemon wedge

Aronia Punch (Serve: 28 1/2 c. portions): 2 Liters Ginger Ale, 6 oz. frozen lemon juice concentrate, 6 oz. frozen orange juice concentrate, 6 oz. aronia juice concentrate (not the honey mix) (25 brix), 1 pt. lemon or orange sherbet, Combine all concentrates. All Ginger Ale. Spoon sherbet into bowl. Serve immediately.

Additional ideas:

Mix a bit of aronia concentrate in vanilla ice cream Make aronia smoothies - use your imagination. Aronia bonds chemically to milk products.

Mix a bit of aronia concentrate into apple sauce.

Combine a bit of aronia concentrate with apple juice, or any fruit juice blend that compliments cranberries well. I stirred up a 12 oz. frozen concentrate mix of Apple Raspberry and added some aronia concentrate.